



University of Louisiana at Lafayette  
 Department of Compliance  
 Voluntary Summer  
 Workout Procedures



**Attention: Incoming Freshmen and Transfers (including Walk-ons):**

**All incoming freshmen and transfer student-athletes in all sports (other than Football and Basketball) who are not receiving athletics aid** may have access to weight room and training room facilities **only if enrolled in summer school**. If a student-athlete is enrolled only for the month of June, he/she may only workout during June while enrolled in summer school.

**All incoming freshmen and transfer student-athletes in sports other than football and basketball who are receiving athletics aid** are required to enroll in a minimum of 6 hours in summer school if wishing to participate in voluntary summer workouts in UL Lafayette's facilities. This means 6 hours must be completed, not just attempted.

**All incoming freshmen and transfer student-athletes in the sports of football and basketball who are receiving athletics aid** are required to enroll in a minimum of 6 hours in summer school if enrolling in summer school at all. This means 6 hours must be completed, not just attempted. Incoming freshmen and transfer student-athletes in the sports of football and basketball who signed a NLI or Grant-in-Aid agreement have the option to enroll in summer school or not and to subsequently participate in voluntary summer workouts with the strength and conditioning coach.

**In basketball, incoming freshmen and transfer student-athletes must be enrolled in summer school in order to participate in the summer access program.** The summer access program is weight training, conditioning, and skill instruction (2 hours per week) that can be conducted and monitored by the basketball coaching staff. These activities may not exceed 8 hours per week.

**It is the incoming freshman or transfer student-athlete's responsibility to report to the Compliance Office (Athletic Complex, Room 109) falling below 6 hours in summer school if they are receiving institutional athletics aid. Incoming freshmen and transfer student-athletes not receiving athletics aid must also report to the Compliance Office if they drop below 3 hours in summer school. If it is determined by the Compliance Office that an incoming student-athlete has dropped below the minimum hours required and continues to participate in voluntary summer workouts, the student-athlete will be declared ineligible for the upcoming academic year.**

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 I \_\_\_\_\_ have read and understand the University of

(print your name)

Louisiana at Lafayette's Summer Workout Procedures. I understand that my athletic eligibility is in jeopardy if I do not report a change in my summer school enrollment to the Compliance Office.

\_\_\_\_\_  
 (signature)

\_\_\_\_\_  
 (date)

\_\_\_\_\_  
 (sport)